



**IOWAHEARTCENTER**  
*Foundation*



*IOWA HEART CENTER FOUNDATION*  
*Dedicated to Promoting Heart Health in Iowa*

**SATURDAY**  
**NOVEMBER 3, 2018**  
**8:00 AM — 11:45 AM**

IOWA HEART CENTER  
AUDITORIUM  
5880 UNIVERSITY AVENUE  
WEST DES MOINES, IOWA



**REGISTRATION FORM**

**NAME:**

**MAILING ADDRESS:**

**CITY/STATE/ZIP CODE:**

**DAYTIME PHONE:**

(       )

**EMAIL:**

**LICENSE#/CREDENTIALS:**

**NURSING:**

**AAMA:**

**EMS PROVIDER:**

Registration (by Mail)

Enclose \$20 fee and  
Completed registration  
form.

**Check or cash accepted**

Checks payable to:

Iowa Heart Center  
Foundation

5880 Univ Ave Suite 101  
West Des Moines, IA 50266

**REGISTRATION**

**DEADLINE 4:00 PM**

**10/31/18. NO RE-**

**FUNDS AFTER REGIS-**

**TRATION IS PROCESSED.**



**IOWA HEART CENTER FOUNDATION**  
5880 University Avenue, Suite 101  
West Des Moines, Iowa 50266





## AGENDA

7:45-8:25 am	Registration/Exhibits Continental Breakfast
8:25-8:30 am	Welcome/Introductions
8:30-9:00 am	<b>Atrial Fibrillation: Why is early referral essential?</b>  Troy Hounshell, D.O.
9:00-9:30 am	<b>Monitors &amp; Devices: Improving outcomes with education</b>  Joanna DeBont & Deena Anderson, RN
9:30-9:50 am	Stretch Break/Exhibits
9:50-10:20 am	<b>Watchman Device = Stroke Prevention</b>  Tanya McLaughlin, RN, BSN
10:20-10:40 am	Stretch Break/Exhibits
10:40-11:10 am	<b>Fall Prevention: Improving outcomes with INR monitoring</b>  Anita Leveke, RN, BSN
11:10-11:40 am	<b>EP Research-What's New?</b> Sara Burg, RN, BSN
11:40 – 11:50 am	Evaluations/CEs

\*Agenda and speakers are subject to change. **\*No partial credit will be awarded—attendance required at entire conference to receive CEs.**

## LEARNING OBJECTIVES

Participants will be able to discuss or identify:

- Why early Electrophysiology (EP) referral is important for optimal outcomes.
- The EP program and treatment options for Atrial Fibrillation.
- The Watchman procedure and follow-up required after the procedure.
- Characteristics of candidates for the Watchman device.
- Safety concerns related to anti-coagulated patients and how to improve outcomes via INR monitoring.
- Two devices that may be linked by home monitoring systems to the cardiology office.
- Two EP studies currently enrolling at the Iowa Heart Center Research department.

**AUDIENCE:** Nurse Practitioners, Nurses, Medical Assistants, EMS Providers and other interested healthcare staff.

## PROGRAM SPEAKERS

- Troy Hounshell, DO, Electrophysiologist, Heart Rhythm Center, Iowa Heart Center/Mercy-Des Moines
- Joanna DeBont, Holter Monitor Tech, Iowa Heart Center
- Deena Anderson, RN, EP Nurse, Iowa Heart Center
- Tanya McLaughlin, RN, BS, Atrial Fibrillation Coordinator, Iowa Heart Center
- Anita Leveke, RN, BSN, Cardiac Nurse, Iowa Heart Center & Mercy ACO Site Coordinator
- Sara Burg, RN, BSN, Research Nurse, Iowa Heart Center

## REGISTRATION

Registration deadline is 4:00 pm Wed, October 31, 2018. The \$20 registration fee must be prepaid by cash or check. Please register early-space is limited to 55 attendees. No refunds after registration is processed. For further questions, please contact Cindy at (515) 633-3555 or email: [cconroy@iowaheart.com](mailto:cconroy@iowaheart.com).

**CONTINUING EDUCATION:**  
Contact Hours Awarded = 2.5 Iowa Board of Nursing, Provider No. 321, Iowa Heart Center

The program/activity has been granted prior approval by the American Association of Medical Assistants (AAMA) for 2.5 continuing education units. Granting approval in no way constitutes endorsement by the AAMA of the program content or the program's facilitator.

Mercy College of Health Sciences will award 2.5 hours of Formal CEH. CEH's earned will be applicable for renewal of an EMS Provider Certification/license in Iowa.

## DIRECTIONS

### **Coming from the West:**

Take I-80 East to 60th Street, West Des Moines (exit 123). Turn left onto 60th St. and continue approximately 1/2 mile to 59th Place. Turn right. Continue to Iowa Heart Center on the right (approximately 1/4 mile). Turn right into parking lot.

### **Coming from the North or South: on I-80/I-35:**

Take the University exit. Turn west and continue on University Avenue to Iowa Heart Center at 5880 University Avenue. Turn left into parking lot.

### **Coming on I-235 Westbound:**

Take the 50th Street exit, turn right on 50th and continue to University Avenue. Turn left onto University and continue to Iowa Heart Center at 5880 University Avenue. Turn left into parking lot.

