

Foundation News...



IOWA HEART
Foundation



2015 Nursing Scholarships

On August 4, 2015 Iowa Heart Foundation hosted its annual Nursing Scholarship Awards Tea. Board members, donors, scholarship recipients and family members attended the event. This marks the eighth year Iowa Heart Foundation has provided scholarships to nursing students in good academic standing with a financial need entering the cardiac or critical care field of nursing. This year a total of \$7,750 in scholarships were awarded to the following students:

- **Angela Davis** attending Mercy College of Health Sciences awarded an \$1,800 C. J. Hawkins Memorial Scholarship
- **Ellen Reiter** attending Mercy College of Health Sciences awarded a \$1,200 C. J. Hawkins Memorial Scholarship
- **Anita Leveke** attending Mercy College of Health Sciences awarded an \$1,800 Erma M. Hawkins Memorial Scholarship
- **Christina Baker** attending Mercy College of Health Sciences awarded a \$1,200 Erma M. Hawkins Memorial Scholarship
- **Kylie Johnson** attending Mercy College of Health Sciences awarded a \$1,000 Dr. David & Leticia Gordon Scholarship.
- **Bethany Wildt** attending Iowa Central Community College in Fort Dodge awarded a \$500 Iowa Heart Foundation Scholarship.
- **Tyler Stover** attending Grand View University awarded a \$250 Iowa Heart Foundation Scholarship.

Julie Younger, Board President; Iowa Heart Center Administrative Team members Tim Nelson and Sam Ayres; Shirley Beaver, Dean of Nursing, Mercy College of Health Sciences; and Karen Hawkins, scholarship donor, attended the event and provided inspirational words to the recipients. The Foundation Board of Directors extends their gratitude to the students for their dedication and commitment to provide quality care for their patients.

Applications for the 2016 academic year will be posted in March 2016 to the website at www.iowaheartfoundation.org. For information related to the scholarship program, please contact Iowa Heart Foundation at (515) 633-3555.



**2015 Iowa Heart Foundation
Scholarship Recipients**
(left to right)

Bethany Wildt, Kylie Johnson, Ellen Reiter,
Anita Leveke and Tyler Stover

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Special points of interest:

- 2015 Nursing Scholarships
- Mercy One Helicopter Donation

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8th Annual Run For Your Life Event



The eighth annual "Run For Your Life" fundraising event was held on August 29, 2015 at Des Moines Water Works Park. 197 participants completed the 10K/5K run/walk and the 2-mile walk. Medals were awarded to the top 3 finishers in each age/gender group with participation medals to all youth 14& under completing the event. T-shirts were provided to pre-registered participants and the volunteers.

New this year: 1) The addition of ten "teams" with 80 team members; 2) The Carlisle High School Cheer Squad to cheer all participants to the finish line; 3) the Decatur County Hospital Mass Casualty Response Trailer to illustrate rural disaster assistance; 4) AED Access For All hands-only CPR demonstration; and 4) medals to donors contributing at least \$100 to this fundraising event.

Each year funds raised from this event are allocated to purchase Automatic External Defibrillators (AEDs). The AEDs are then placed in Iowa businesses and organizations with an established need. This year funds raised are designated to place four AEDs in Iowa communities.

The Iowa Heart Foundation thanks those who registered for the event and the many volunteers who committed their time to making this event a success.

Our gratitude is extended to our Event Supporters!

Silver Level: Sanofi

Bronze Level: AstraZeneca, St. Jude Medical

Contributing Supporters: Acist Medical, Fitness Sports, Iowa Heart Center, Janssen Pharmaceuticals, Mercy Medical Center-Des Moines, NB Golf Cars of Des Moines, Strawberry Patch; S. V. Advani, MD, Mark Bissing, DO, Jason Douglas, and David McAllister, DO,



Our gratitude is extended to the Volunteers !

Pat Aldrich, Heather Barnes, Amy Bentz Loss, Sherrie Biederman, Ella , Madelynn and Nikki Birkett, Teresa & Noah Bleifus, Nancy Coffman, Cindy Conroy, Kendra Cross, Deb & Dan Cunningham, Maria Deckex, Dee Dorsett, Jason & Sharon Douglas, Nancy Erdmann, Kate Fetters, Debbie Furnish, Lindsey Geick, Butch & Susie Gibbs, Christine Greaves, Polly Kellogg, Karla Kerr, Emily Klement, Molly Kruse, Kim Luther, Mike & Sue Matheny, Ben Onsrud, Heidi Peterson, Katie Raasch, Jackie Roberts, Donnie & Rachel Robinson, Amy Runkel, Jolene Runkel, Angela Schulte, Sandi Stogdill, Kirk & Rita Stone, MacKenzie Udelhoven, Sara Van Effen, Betty Vasquez, Chris Walters and Ann Williams.





Mercy One Helicopter Adds Cardiac Equipment Thanks to Iowa Heart Foundation Donation

Mercy Medical Center-Des Moines is now using a new transport version of a cardiac balloon pump. The device can be carried aboard either of the two Mercy One helicopters. This pump which can help save the lives of patients suffering from cardiac failure is thanks to a donation from the Iowa Heart Foundation.

The Iowa Heart Foundation provided matching funds needed to purchase the new hi-tech piece of equipment, called a CardioSave intra-aortic balloon pump, for Mercy One. The new device which is much smaller and lighter has already been used multiple times, including transfers from Fort Dodge. A generous donation from a former Iowan with Webster County ties made this donation possible.

“We are proud to be able to provide this lifesaving care and equipment to regional hospitals and their patients,” said Dennis Cochran, Mercy One program manager. “The donation from this generous person and the Iowa Heart Foundation helps us better provide critical care to rural Iowans when they need it.”



SAVE THE DATE!

**25th Annual
Cardiovascular
Today Conference**
Saturday, February 6, 2016

Brochure and event details may be found
in December under “Upcoming Events” at
www.iowaheartfoundation.org
On-line registration at:
www.GetMeRegistered.com/CTodayConference

SAVE THE DATE!

Community Education Event
April 7, 2016

The Iowa Heart Foundation and Iowa Heart Center
will co-sponsor a community education event on
Thursday, April 7, 2016 from 6:30-8:00 pm at the
Iowa Heart Center West University office. This
event will feature NY Times best selling author Rip
Esselstyn. Healthy snacks will be provided by
Whole Foods Market.

The program is free with rsvp requested
by calling 515-633-3555.



Schedule of Events

- *January 13, 2016-Education Forum (West U)*
- *January 18, 2016- Board of Directors Meeting, 7:00-8:00 am, D.F. Gordon Board Room (West U)*
- *January 27, 2016-Education Forum (Laurel)*
- *February 6, 2016-25th Annual Cardiovascular Today Conference, 8:30 am—3:30 pm, Sheraton Hotel, West Des Moines*
- *February 24, 2016-Education Forum (Laurel)*
- *March 9, 2016-Education Forum (West U)*
- *March 23, 2016-Education Forum (Laurel)*
- *March 30, 2016-Education Forum (Fort Dodge)*

Iowa Heart Foundation Board of Directors
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Kyle Ulveling, M.D.

Cindy Conroy, MA, RD, LD Program Coordinator

The Iowa Heart Foundation is a non-profit 501(c)(3) organization dedicated to promoting cardiovascular health through serving Iowans and their community.

Iowa Heart Foundation Memorials or Donations

If you wish to memorialize a loved one or if you have the financial means to assist those who cannot afford cardiac care or medications, we would gratefully welcome your donation. Matching gifts from participating employers are also welcome.

Please mail your donation to the Iowa Heart Foundation located at 5880 University Avenue, Suite 101, West Des Moines, IA 50266. You may also download a donation form on our website at www.iowaheartfoundation.org

Your memorial or donation is 100% tax deductible. An acknowledgement letter will be mailed to confirm your tax-deductible gift. We thank you for your generosity and kindness in helping us serve Iowans and their

Iowa Heart Foundation
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www.iowaheartfoundation.org

In Memory or Honoring



Our deepest sympathy is extended to family and friends who suffered a recent loss.

The Iowa Heart Foundation would like to extend our gratitude to the individuals who generously chose to memorialize their loved one, friend or family member or chose to honor a mentor or key person in their life.

In Memory
John VanFleet
Clarence J. Bunda



In Honor Of
Shakun Advani,
M.D.
Robert Hoyt,
M.D.

"Those we love truly never leave us, they live on in the love they brought into our lives."

