



# 10th Annual Run For Your Life Event



The 10th annual "Run For Your Life" fundraising event was held on **August 26, 2017** at Des Moines Water Works Park. More than 250 participants completed the 10K/5K run/walk and the 2-mile walk. Medals were awarded to the top 3 finishers in each age/gender group with participation medals to all youth 14& under completing the event. T-shirts were provided to pre-registered participants and the volunteers.

**Highlights:** 1) Thirteen "teams" with 118 team members; 2) The Carlisle High School Cheer Squad to cheer all participants to the finish line; 3) AED Access For All Hands-Only CPR demonstration; 4) medals to 18 donors contributing at least \$100 to this fundraising event, and 4) Dr. Tom Brown presented the medals.

Each year funds raised from this event are allocated to purchase Automatic External Defibrillators (AEDs). The AEDs are then placed in Iowa businesses and organizations with an established need. This year funds raised are designated to place ten AEDs in Iowa communities.

The Iowa Heart Foundation thanks those who registered for the event and the many volunteers who committed their time to making this event a success.

### Our gratitude is extended to our Event Supporters!

AED Access for All, AstraZeneca, Carlisle Cheer Squad, Fitness Sports, Iowa Heart Center, Janssen Pharmaceuticals, Lundbeck Pharmaceuticals, Mercy Medical Center-Des Moines, St. Jude Medical, Strawberry Patch, Zoll LifeVest, 4imprint, S. V. Advani, MD, Mark Bissing, DO, Steve Bobenhouse, Jason Douglas, and David McAllister, DO,



### Our gratitude is extended to the Volunteers !

**Sherrie Biederman; Ella & Madeline Birkett; Cindy Conroy; Teresa Coulson; Deb & Dan Cunningham; Melinda Davis; Jason Douglas; Devin & Delanee Ensley; Alan Fukushima; Debbie Furnish; Pam Gaulke; Butch & Susie Gibbs; Sandy Hall; Heidi Henrick; Joan Henscheid; Kaila & Kathy Johnson; Susan Johnson Brown; Minnie Jones; Polly Kellogg; Kim Luther; Mary Nemer; Jen Nordhagen; Heidi Peterson; Kate Procyk; Katie Raasch; Jennifer Rouse; Amy Runkel; Jolene Runkel; Pat Runkel; Kris Sandon; Angela Schulte; Caitlin Scott; Dan Severson; Jim Swearingen; Tricia Sinclair; Kirk & Rita Stone; Gabby Taylor; Terri Tibbetts, and Chris & Gary Walters**

