

Foundation News...



IOWA HEART
Foundation



2011 Nursing Scholarships

On August 24, 2011 Iowa Heart Foundation hosted its annual Nursing Scholarship Awards Tea. Board members, donors, and scholarship recipients attended the event. This marks the fourth year Iowa Heart Foundation has provided scholarships to nursing students in good academic standing with a financial need entering the cardiac or critical care field of nursing. This year a total of \$6,500 in scholarships were awarded to the following students:

- **Kathryn Owen** attending Mercy College of Health Sciences awarded a \$1,250 C. J. Hawkins Memorial Scholarship
- **Elizabeth Becker** attending Mercy College of Health Sciences awarded a \$1,750 C. J. Hawkins Memorial Scholarship
- **Ashlee Davis** attending Mercy College of Health Sciences awarded a \$1,250 Erma M. Hawkins Memorial Scholarship
- **Kristina Grier** attending Mercy College of Health Sciences awarded a \$1,750 Erma M. Hawkins Memorial Scholarship
- **Linda Groenendyk** attending DMACC awarded a \$250 David and Leticia Gordon nursing scholarship
- **Cindy Collingwood** attending Grand View University awarded a \$250 David and Leticia Gordon nursing scholarship

William Wickemeyer, MD, Board Member, Kathy Goetz, Board Member, and Sam Ayers, Iowa Heart Center Administrator attended the event and provided inspirational words to the recipients. Certificates were awarded by Kim Oswald, Iowa Heart Foundation Executive Director. Board members extended their grati-

tude to the students for their dedication and commitment to provide quality care for their patients.

“This year, in particular, the increase in available scholarships will assist students facing financial obligations during the current turbulent economic environment,” states Oswald. “It continues to be a very rewarding part of the Iowa Heart Foundation commitment to serve Iowans and their communities.”

Applications for the 2012 academic year will be posted in December 2011 to the website at www.iowaheartfoundation.org. For information related to the scholarship program, please contact Iowa Heart Foundation at (515) 633-3555.



2011-2012 Iowa Heart Foundation Scholarship Recipients

From Left: Cindy Collingwood
Linda Groenendyk, Kristina Grier, and
Elizabeth Becker

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Special points of interest:

- 2011 Nursing Scholarships

Inside this issue:

4th Annual Run For Your Life Event **2**

AED Device Placement **3**

Iowa Heart Foundation “Volunteer in Service” **3**

Event Schedule/
In Memory or Honoring **4**

SAVE THE DATE!

**21st Annual
Cardiovascular
Today Conference**

Saturday, February 4, 2012

Brochure and event details
may be found under
“Upcoming Events” at
www.iowaheartfoundation.org

org



4th Annual Run For Your Life Event

The fourth annual "Run For Your Life" fundraising event was held on a beautifully sunny, 60 degree morning Saturday, August 27, 2011 at Des Moines Water Works Park. 156 runners and walkers participated in the 10K run/walk, 5K run/walk, and 1 mile run/walk. Award medals were presented to the top 3 finishers in the following age and gender groups: 18 and under, 19-29, 30-39, 40-49, 50-59, and 60+. T-shirts were provided to those who pre-registered for the event.

Iowa Heart Foundation event volunteers graciously contributed their time and talent to ensure a safe and organized event. Please see the list (right) of the special individuals donating their time and talents to make the 2011 event a success!

Each year funds raised from this event are allocated to purchase Automatic External Defibrillators (AEDs). The AEDs are then placed in Iowa businesses and organizations with an established need. This year funds raised are designated to place 5 AEDs in Iowa communities.

Additional event pictures may be seen on www.iowaheartfoundation.org



2011 Run For Your Life
Event Walkers Enjoy the Beautiful Morning

Our gratitude is extended to our Event Supporters!

Gold Level: Daiichi Sankyo, Medtronic, St. Jude Medical

Silver Level: Abbott Vascular

Bronze Level: Biotronik, Boston Scientific

Contributing Supporters: Bracco Diagnostics, Inc., Fitness Sports, Iowa Heart Center, Hy-Vee, Mercy EMS, Mercy Medical Center, Strawberry Patch; S. V. Advani, MD, David McAllister, MD, and Mark Tannenbaum, MD

Our gratitude is extended to our wonderful Volunteers!

Larry Barnett, Pam Behnke-Schaad, Amy Bentz, Becky Brosseau, Nancy Coffman, Cindy Conroy, Tomi Cooney, Mandy Corliss, Teresa Coulson, Nick Coulson, Lori DeBruin, Jason Douglas, Nancy Erdmann, Debbie Furnish, Pam Gaulke, Kathy Goetz, Carol Graves, Barb Hale, Tina Harker, Lee Harker, Jenny Held, Cindy Henry, Joan Henscheid, Minnie Jones, Polly Kellogg, Karla Kerr, Al McClatchey, Diane McIlhon, Emma McIlhon, Melissa, McIlhon, Molly McIlhon, Darl McKimpson, Jeremy Mourlam, Randal Nerhus, Carol Noyes, Kim Oswald, Heidi Peterson, Meg Peterson, Jackie Roberts, Karla Rohe, Jolene Runkel, Karolina Sajnova, Robbe Verhofste, Beckie Walden, Chris Walters, Gary Walters, Deb Wernli, Dennis Wernli



2011 Run For Your Life Runners Line Up

"On Your Mark, Get Ready, Go!"



AED Device Placement



The Iowa Heart Foundation is currently in its 4th year placing Automatic External Defibrillators in Iowa businesses and communities. Since the AED Placement Program began in Fall 2008, thirteen AEDs have been distributed throughout Iowa.

“Each year increased interest in the Iowa Heart Foundation AED Placement Program demonstrates the commitment to saving the lives of Iowans, states Kim Oswald, Iowa Heart Foundation Executive Director. Any business or community organization with a determined financial need interested in obtaining an AED is encouraged to contact Iowa Heart Foundation to obtain an application form. The Iowa Heart Foundation Board of Directors reviews applications on a quarterly basis at board meetings. Once an application is approved it takes approximately 6-8 weeks to order and receive the AED, schedule a time to place the AED with the recipient, and complete a one hour training on the specifics of the AED.”

AEDs are easy to use and designed for an individual to respond rapidly in emergency situations such as sudden cardiac arrest. Each minute without resuscitative measures (cardiopulmonary resuscitation, CPR and AED use) decreases the chance of survival. AEDs readily assist rescuers walking them through a series of steps to use the life-saving measures.

On July 25, 2011 a donation was made to the Lucas County Hospital Emergency Department in Chariton, Iowa. Iowa Heart Center physician Martin Aronow, DO presented the donation to the staff (see picture). A second AED donation will be placed on September 30, 2011 at Hope United Methodist Church in Marshalltown, Iowa.



Martin Aronow, DO (back row, second from left) presents Iowa Heart Foundation donation check to Lucas County Hospital Emergency Room Staff July 25, 2011

Iowa Heart Foundation “Volunteer in Service”



Iowa Heart Foundation recognizes Tina and Lee Harker as outstanding service volunteers in 2011. Tina and Lee volunteer annually at the Annual Run for Your Life event aimed at raising funds for our AED Placement Program. Lee provides event parking and finish line assistance while Tina supports event registration and route directions. Their dedication and “what may I do to help” attitude are key to event success. On behalf of the Iowa Heart Foundation our gratitude is extended to Tina and Lee for sharing of their time and talent!





Schedule of Events

- September 14, 2011 - Pharmaceutical Forum 11:30am-1:00pm, West U
- September 17, 2011 - Nursing and Medical Assistant Conference, 8:00am-12:30pm, West U
- September 21, 2011 - Pharmaceutical Forum 11:30am-1:00pm, Fort Dodge
- September 27, 2011 - Annual Board Meeting, 7:00-8:00am, West U Board Room
- September 28, 2011 - Pharmaceutical Forum 11:30am-1:00pm, Laurel
- October 12, 2011 - Pharmaceutical Forum 11:30am-1:00pm, West U
- November 9, 2011 - Pharmaceutical Forum 11:30am-1:00pm, West U
- November 30, 2011 - Pharmaceutical Forum 11:30am-1:00pm, Laurel

The Iowa Heart Foundation is a non-profit 501(c)(3) organization dedicated to promoting cardiovascular health through serving Iowans and their community.

Iowa Heart Foundation Memorials or Donations

If you wish to memorialize a loved one or if you have the financial means to assist those who cannot afford cardiac care or medications, we would gratefully welcome your donation.

Please mail your donation to the Iowa Heart Foundation located at 5880 University Avenue, Suite 101, West Des Moines, IA 50266. You may also download a donation form on our website at www.iowaheartfoundation.org

Your memorial or donation is 100% tax deductible. An acknowledgement letter will be mailed to confirm your tax-deductible gift. We wholeheartedly thank you for your generosity and kindness in helping us serve Iowans and their communities.

Iowa Heart Foundation Board of Directors

- Julie Younger, President**
- T.M. Brown, M.D., Chairman**
- Jose Borromeo, M.D., Vice Chairman**
- W. Ben Johnson, M.D., Treasurer/Secretary**
- David Gordon, M.D.**
- L. A. Iannone, M.D.**
- Terrence Slattery, M.D.**
- William Wickemeyer, M.D.**
- Kathy Goetz, RN**
- Kim Oswald, RN, MSN, Ed.D., Executive Director**



IOWA HEART Foundation

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In Memory or Honoring



Our deepest sympathy is extended to family and friends who suffered a recent loss.

The Iowa Heart Foundation would like to extend our gratitude to the individuals who generously chose to memorialize their loved one, friend or family member or chose to honor a mentor or key person in their life.

In Memory

Mary M. Wilson

Doreen Wiltsie



"Those we love truly never leave us, they live on in the love they brought into our lives."