

**CONTACT:**

Cindy Conroy Iowa Heart Foundation (515) 633-3555 [cconroy@iowaheart.com](mailto:cconroy@iowaheart.com)

**TIME:** 5:30 p.m.

**DATES:** Fourth Wednesday of each month

(May-August)

**LOCATION:** St. Anthony Regional Hospital

Atrium

**WHO CAN ATTEND:** ANYONE!

*(This is a free event open to the public)*

**www.iowaheartfoundation.org**