

# AGENDA

35TH ANNUAL  
**CARDIOVASCULAR TODAY  
CONFERENCE**  
SATURDAY, FEB 7TH, 2026

The Meadows Events & Conference Center  
1 Prairie Meadows Dr - Altoona, IA 50009



7:00 - 8:00am	Breakfast + Exhibit Hall (non-CME promotional events)
8:00 - 8:30 am	<b>Keynote Address</b> State of Heart Health in Iowa - Lezlie Mestdagh Iowa Heart Foundation, Dani Bixby, Iowa Health & Human Services
8:30 -9:00 am	Coronary Computed Tomography Angiography Basics Sydney Anderson, DNP, ARNP, FNP-C, CCK, AACC, MercyOne Iowa Heart Center
9:00 - 9:30am	The Great Debate: Ischemic Evaluation of Patients: CCTA Vs Stress Test Justin Berger, MD, MercyOne Iowa Heart Center, Anthonia Ijeli, MD, MercyOne Iowa Heart Center
9:30 - 10:00am	Lp(a) [Lipoprotein (a)] Management Kyle Ulveling, MD, MercyOne Iowa Heart Center
10:00 - 10:30am	Break + Exhibit Hall (non-CME promotional events)

*Educational Breakout Options*

	General Track Main Room	Public Health Track Room A
10:30 - 11:00am	Strategies for Individualizing Lipid Management and ASCVD Risk Reduction: Non statin therapies Jana Galbreath, ARNP-DNP Iowa Heart Center	One Circulation, Two Vital Organs: The Heart-Brain Connection in Preventing Cognitive Decline Yogi Shah, MD, Broadlawns, Jessica Nelsen Iowa Health & Human Services
11:00 - 11:30am	Physiologic Pacing Denise Sorrentino, MD, MercyOne Iowa Heart Center	Know Your Numbers: Empowering Community Health Jimmy Reyes, PhD, DNP, AGNP, RN, FRE, MyHealthIowa-MiSaludIowa
11:30am - 12:00pm	Atrial Fibrillation - Surgical Ablation Toolbox Hashim Hanif, MD, MercyOne Iowa Heart Center	Food is Medicine Diane McIlhon, RDN (retired) MercyOne Iowa Heart Center
12:00 - 12:30pm	Resistant Hypertension Rakshak Sarda, MD, MercyOne Iowa Heart Center	Wellness in the Workplace: Exploring Strategies and Offerings Keely Guy Iowa Heart Foundation, Amy Ziegler MercyOne
12:30 - 1:00pm	Lunch + Exhibit Hall (non-CME promotional events)	
1:00 - 2:00pm	Cardiovascular Innovations; the Role of Engagement as a Driver of Change Frances Johnson, MD	
2:00pm	Adjourn	

Agenda and speakers are subject to change.  
Anticipated 5 hours CME