

# Foundation News...



**IOWA HEART**  
*Foundation*



## 2016 Charitable Giving Grants

The Iowa Heart Foundation awards charitable grants to businesses and organizations that provide cardiovascular-related services or programming to Iowans. Only one grant will be awarded annually per company or program. The 2016 grant recipients/programs include:

- American Heart Association-Iowa Affiliate- 2016 Heart Walk
- Community Education Event “Plant Strong—Live Well” featuring Rip Esselstyn
- Iowa Heart Foundation Automatic External Defibrillator (AED) Placement Program
- Walk With A Doc community walking events at Iowa Heart Center offices in Ames, Carroll, Fort Dodge, Ottumwa, and West Des Moines
- William G. Smith Simulation Center at Unity Point Health-Trinity Regional Medical Center/Iowa Central Community College in Fort Dodge

To learn more about the charitable giving grant application process, contact Cindy Conroy at (515) 633-3555 or [cconroy@iowaheart.com](mailto:cconroy@iowaheart.com).

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### *Inside this issue:*

2016 Charitable Giving Grants	1
Walk With A Doc-Iowa Heart Center-Ames office	1
AED Placements	2
9th Annual Run For Your Life	3
Memorial and In Honor Of Donations	3
2016 Iowa Heart Foundation Upcoming Events & Activities	4
Iowa Heart Foundation Board of Directors	4
Iowa Heart Foundation Contact Information	4



Walk With A Doc lead by Denise Sorrentino, M.D. and Rakshak Sarda, M.D.  
at Iowa Heart Center Ames Office May 13, 2016



## Automatic External Defibrillator (AED) Placements

Eight AEDs have been placed this quarter. Sites include Chariton Boy Scouts/American Legion (Chariton); Cornerstone Community Church (Chariton); Zion Lutheran Church (Manning); Manning Public Library; Southwestern Community College Athletics Department (Creston); Decatur County Fairgrounds (Leon); Bloomington Community of Christ Church (Lamoni); and St. Mary's Catholic Church (Lake City).

Any Iowa business or community organization with a financial need interested in obtaining an AED or who is in need of replacement ECG pads or an AED battery is encouraged to contact the Iowa Heart Foundation at 515-633-3555 or complete an application found on the website at [www.iowaheartfoundation.org](http://www.iowaheartfoundation.org).

### Dr. Kyle Ulveling Presents AED to Zion Lutheran Church representatives in Manning



### AED Presentation at Decatur County Fairgrounds



### Dr. Kyle Ulveling presents AED to Linda Muhlbauer (center) at Manning Public Library







## Run For Your Life—August 27, 2016



The 9th annual “Run For Your Life” fundraising event will be held on Saturday, August 27, 2016 at Des Moines Water Works Park. Runners and walkers may participate in a 10K/5K run or a 5K/2-mile walk. Award medals will be presented to the top 3 finishers in the following age and gender groups in the 10K and 5K runs: 14 and under (5K only), 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+. Registration is \$40 (early bird registration is \$30 if register by 4:00 pm August 17). Early bird registrants are guaranteed an event t-shirt. On-line registration available at <http://getmeregistered.com/IHFRunForYourLife>.

New in 2016:

- Early bird registration \$30 if register before 4:00 pm August 17
- Register as part of a team (team name on t-shirt if early bird registration)
- Earn a medal by collecting donations totaling at least \$100

Proceeds generated from this event will be donated to the Iowa Heart Foundation to support the placement of AEDs in Iowa organizations that show a need. Since 2008 AEDs have been placed in 62 locations! Event details and the event brochure may be found at [www.iowaheartfoundation.org](http://www.iowaheartfoundation.org). If you would like to volunteer at the event, please contact Cindy Conroy, Event Coordinator at (515) 633-3555.



## Memorial and Honorary Donations

### Memorial Donations

Generosity and kindness are cornerstones of the Iowa Heart Foundation. Memorial donations support the Iowa Heart Foundation mission and services. Iowa Heart Foundation extends our gratitude to the individuals who generously chose to memorialize their loved one, friend, or family member. Our sympathy is extended to those who suffered a loss.

- Darrell Eilander



### “In Honor of” Donations

Donations from generous individuals highlighting the impact of a mentor, coach, or dear friend who imprinted the lives of other people.



*Your donation is tax-deductible with 100% of funds remaining in Iowa. Acknowledgement letters are provided confirming donations.*

### Donations

We gratefully welcome donations for those wishing to memorialize or honor a loved one to support the programs and services of Iowa Heart Foundation.

Donations may be mailed to:

Iowa Heart Foundation  
5880 University Ave, Suite 101  
West Des Moines, IA 50266

Thank you for your generosity and kindness in assisting us to serve Iowans and their communities!



# IOWA HEART Foundation

## Upcoming Events

- August 1, 2016 - Nursing Scholarship Awards Tea, West University office
- August 10, 2016-Education Forum (West U)
- August 5, 2016-Walk With A Doc (WWAD) 7:30 am, Iowa Heart Center-Ames
- August 11, 2016-WWAD, 12:00 pm, Iowa Heart Center-Fort Dodge
- August 17, 2016-WWAD, 7:15 am, Iowa Heart Center-West Des Moines
- August 24, 2016-WWAD, 12:30 pm, Iowa Heart Center-Ottumwa
- August 24, 2016-Education Forum (Laurel)
- August 25, 2016-WWAD, 5:30 pm, Iowa Heart Center-Carroll
- August 27, 2016--9th Annual Run For Your Life run/walk event at Des Moines Water Works Park
- August 30, 2016-Board of Directors Meeting
- August 31, 2016-Education Forum (Fort Dodge)
- September 20, 2016-Education Forum (West U)
- September 21, 20156-Education Forum (Laurel)
- October 12, 2015-Education Forum (West U)
- October 26, 2015-Education Forum (Laurel)



## Iowa Heart Foundation Board of Directors

Julie Younger, President  
T.M. Brown, M.D., Chairman  
John Shors, Vice Chairman  
William J. Wickemeyer, M.D., Treasurer/Secretary  
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Kim Oswald, RN, MSN, Ed.D.  
Mark Tannenbaum, M.D.  
Kyle Ulveling, M.D.

The Iowa Heart Foundation is a non-profit 501(c)(3) organization dedicated to serving Iowans and their community.

Contributions which are made to the Iowa Heart Foundation are tax-deductible with 100% of funds remaining in Iowa.

## Iowa Heart Foundation Contact Information

Address: 5880 University Ave., Suite 101,  
West Des Moines, Iowa 50266  
Phone: (515) 633-3555  
Website: [www.iowaheartfoundation.org](http://www.iowaheartfoundation.org)  
Email: [cconroy@iowaheart.com](mailto:cconroy@iowaheart.com)

## 2016 Iowa Heart Foundation Activities



### 8th Annual Fall Conference

Saturday, November 5, 2016 at the Iowa Heart Center West Des Moines office. This education program is open to Nurse Practitioners, Physician Assistants, Nurses, Medical Assistants, and EMS providers. CEUs (Nursing), AAMA (Medical Assistants), and CEHs (EMS Provider) education credits are pending.

### SAVE THE DATE—Saturday, February 4, 2017

The 26th Annual Cardiovascular Today Conference will be held at the Ron Pearson Center (formerly the Hy-Vee Conference Center) at 5820 Westown Parkway in West Des Moines. This conference is open to physicians, advanced practice clinicians, nurses, EMS providers, medical coders, and other interested health care professionals.

### Nursing Tuition Scholarships To Be Announced

Nine 2016 nursing tuition scholarships totaling \$12,000 will be awarded on Monday, August 1 at a reception for recipients and their guests at 4:00 p.m. at the Iowa Heart Center West Des Moines office.

Program brochures and event details may be found on the Iowa Heart Foundation website at [www.iowaheartfoundation.org](http://www.iowaheartfoundation.org) or by calling (515) 633-3555 or by calling (515) 633-3555.