# Foundation News...















### 2016 Nursing Scholarships

On August 1, 2016 Iowa Heart Foundation hosted its annual Nursing Scholarship Awards Tea. Board members, donors, scholarship recipients and family members attended the event. This marks the ninth year Iowa Heart Foundation has provided scholarships to nursing students in good academic standing with a financial need entering the cardiac or critical care field of nursing. This year a total of \$12,000 in scholarships were awarded to the following students:

- Kacey Reynolds of Earlham and Chandra Snow of Colfax attending Mercy College of Health Sciences awarded C. J. Hawkins Memorial Scholarships.
- Kelsey Nehring of Cumming and Kylie Johnson of Carroll attending Mercy College of Health Sciences awarded Erma M. Hawkins Memorial Scholarships.
- Bayley Brandt of Manilla and Taylor Stover of Urbandale attending Grand View University awarded Iowa Heart Foundation Scholarships.
- Taylor Stover of Urbandale attending Grand View University awarded Dr. David & Leticia Gordon Scholarship.
- Molly McIlhon of Clive attending University of Iowa awarded an Iowa Heart Foundation Scholarship.
- Tonya Stewart of Grimes attending Chamberlain School of Nursing, DeVry University awarded an Iowa Heart Foundation Scholarship.

Foundation President Julie Younger, Board Vice-Chair John Shors, Mercy School of Nursing Dean Shirley Beaver, and Karen Hawkins, scholarship donor, attended the event and provided inspirational words to the recipients. The Foundation Board of Directors extends their gratitude to the students for their dedication and commitment to provide quality care for their patients.

The application for the 2017 academic year will be available in March 2017 at www.iowaheartfoundation.org.

For information related to the scholarship program, please contact Iowa Heart Foundation at (515) 633-3555.



2016 Iowa Heart Foundation Scholarship Recipients (left to right)

K. Reynolds, T. Stover, M. McIlhon, K. Nehring, T. Stewart and donor Karen Hawkins

### September 2016 Volume 8 Issue 3

Special points of interest:

- 2016 Nursing Scholarships
- Run For Your Life

Inside this issue:

2016 Nursing Scholarships

9th Annual Run For Your Life

2

3

Walk With A Doc

Fall Conference—Save the Date

26th Annual Cardiovascular Todav Conference—Save the Date!

Event Schedule/ In Memory Of or Honoring Foundation News...



## 9th Annual Run For Your Life Event



The ninth annual "Run For Your Life" fundraising event was held on August 27, 20156 at Des Moines Water Works Park. More than 150 participants completed the 10K/5K run/walk and the 2-mile walk. Medals were awarded to the top 3 finishers in each age/gender group with participation medals to all youth 14& under completing the event. T-shirts were provided to pre-registered participants and the volunteers.

Highlights: 1) The six "teams" with 43 team members; 2) The Carlisle High School Cheer Squad to cheer all participants to the finish line; 3) AED Access For All hands-only CPR demonstration; 4) medals to donors contributing at least \$100 to this fundraising event, and 4) Dr. Steve Bailin presented the medals.

Each year funds raised from this event are allocated to purchase Automatic External Defibrillators (AEDs). The AEDs are then placed in Iowa businesses and organizations with an established need. This year funds raised are designated to place five AEDs in Iowa communities.

The Iowa Heart Foundation thanks those who registered for the event and the many volunteers who committed their time to making this event a success.

#### Our gratitude is extended to our Event Supporters!

AED Access for All, AstraZeneca, Carlisle Cheer Squad, Fitness Sports,
Iowa Heart Center, Janssen Pharmaceuticals, Mercy Medical Center-Des Moines,
Sanofi, St. Jude Medical, Strawberry Patch, Zoll, S. V. Advani, MD, Mark Bissing, DO,
Steve Bobenhouse, Jason Douglas, and David McAllister, DO,



### Our gratitude is extended to the Volunteers!

Pat Aldrich; Chelsey, Dawn & Jordan Atwood; Steve Bailin; Mark Beatty; Sherrie Biederman; Teresa & Noah Bleifus; Cindy Conroy; Deb & Dan Cunningham; Jason Douglas; Devin & Delanee Ensley; Debbie Furnish; Butch & Susie Gibbs; Sandy Hall; Joan Henscheid; Minnie Jones; Polly Kellogg; Mike & Sue Matheny; Tracey McCormick; Jake Oetzmann; Heidi Peterson; Katie Raasch; Amy Runkel; Jolene Runkel; Pat Runkel; Angela Schulte; Caitlin Scott; Dan Severson; Jim Swearingen; Tricia Sinclair; Kirk & Rita Stone; Gabby Taylor; and Chris & Gary Walters





Page 3 Foundation News...



## Walk With A Doc (WWAD) at 5 Iowa Heart Center locations

The Iowa Heart Foundation has partnered with five Iowa Heart Center offices (Ames, Carroll, Fort Dodge, Ottumwa, and West Des Moines) to host Walk With A Doc events each month. The community walking events begin at the respective Iowa Heart Center offices and are led by Iowa Heart Center physicians and staff.



Carroll WWAD lead by Dr. Suzy Feigofsky and Dr. Kyle Ulveling in August (photo on left)

Fort Dodge WWAD lead by Dr. Joe Cookman in August (photo on right)

West Des Moines WWAD lead by Dr. Phil Bear and Dr. Matt McCormick in July (photo lower left)

Ottumwa WWAD in August (photo lower right)







# **Iowa Heart Foundation Schedule of Events**

- October 7, 2016—Walk With a Doc (WWAD) -12:00 pm
   Jawa Heart Center —Ames
- October 12-Education Forum (West U)
- October 13- WWAD-12:00 pm, Jowa Heart Center -Fort Dodge
- October 19—WWAD-7:15 am, Iowa Heart Center-West Des Moines
- October 26-Education Forum (Laurel)
- October 26-WWAD-12:30 pm, Iowa Heart Center Ottumwa
- October 27-WWAD-5:30 pm., Jowa Heart Center-Carroll
- November 3-Cardiac Update 5:00 pm, Trinity Regional Health Center/Jowa Heart Center-Fort Dodge
- November 5-Fall Conference 8:00—12:00, Towa Heart Center West Des Moines
- November 9-Education Forum (West U)
- November 10-Board of Directors Meeting, 7:00-8:00 am
- November 22-Education Forum (Laurel)
- November 30- Education Forum (Fort Dodge)

## Fall Conference-November 5, 2016

This education program will provide continuing education to nurses, medical assistants, and EMS providers. Brochures may be requested by call (515) 633-3555.

#### SAVE THE DATE

26th Annual Cardiovascular Today Conference Saturday, February 4, 2017

Ron Pearson Center (formerly Hy-Vee Conference Center) in West Des Moines

Brochure available in December by calling (515) 633-3555 or email request to <a href="mailto:cconroy@iowaheart.com">cconroy@iowaheart.com</a>.

Our deepest sympathy is extended to family and friends who suffered a recent loss. The Iowa Heart Foundation would like to extend our gratitude to the individuals who generously chose to memorialize their loved one, friend or family member or chose to honor a mentor or key person in their life.

### In Memory

Dan Dusenberry Samuel J. Mathis

Jerry Miller

Iowa Heart Foundation Board of Directors
Julie Younger, President
T.M. Brown, M.D., Chairman
John Shors, Vice Chairman
William J. Wickemeyer, M.D., Treasurer/
Secretary

Mark Berry, D.O.
Jose Borromeo, M.D.
David Gordon, M.D.
Fran Johnson, M.D.
Richard Levitt
Kim Oswald, RN, Ed.D.
Mark Tannenbaum, M.D.
Kyle Ulveling, M.D.

Cindy Conroy, MA, RD, LD, Program Coordinator

The Iowa Heart Foundation is a non-profit 501(c)(3) organization dedicated to promoting cardiovascular health through serving Iowans and their community.

Iowa Heart Foundation
5880 University Avenue, Ste. 101
West Des Moines, IA 50266
Phone: 515-633-3555
cconroy@iowaheart.com
www.iowaheartfoundation.org

# Iowa Heart Foundation Memorials or Donations

If you wish to memorialize a loved one or if you have the financial means to assist those who cannot afford cardiac care or medications, we would gratefully welcome your donation. Matching gifts from participating employers are also welcome.

Please mail your donation to the Iowa Heart Foundation located at 5880 University Avenue, Suite 101, West Des Moines, IA 50266. You may also download a donation form on our website at www.iowaheartfoundation.org



"Those we love truly never leave us, they live on in the love they brought into our lives."

### In Honor Of

Steve Bailin, M.D.

Robert Hoyt, M.D.